

COMMUNITY-PUBLIC HEALTH

Chosen by Phyllis D. Meadows, PhD, RN, director and health officer, Department of Health and Wellness Promotion, Detroit

1. The Complexities of Care: Nursing Reconsidered

Edited by Sioban Nelson and Suzanne Gordon. Ithaca, NY, ILR Press.



Social, cultural, financial, and political factors are discussed, offering insights, facts, and opinions to spur a dialogue on nursing as a knowledgeable profession.

- Calls for more practical, clinical descriptions of nursing practice
- Explores ethical considerations
- Ignites the debate about the significance of nursing practice to patient well-being

2. Individuals, Families, and the New Era of Genetics:

Biopsychosocial Perspectives

Edited by Suzanne M. Miller, Susan H. McDaniel, John S. Rolland, and Suzanne L. Feetham. New York City, W. W. Norton and Company.

This excellent introduction to the topic of genetics examines the use of health information, family history, and the behavioral and psychosocial dimensions of care.

- Offers practical examples of how genetics can be incorporated into prevention and intervention
- Introduces ethical, political, and philosophical discussions
- Targets students and professionals

3. Health Care Politics, Policy, and Services: A Social Justice Analysis

By Gunnar Almgren. New York City, Springer Publishing Company.

This well-organized book encourages discussion of the influence of the social determinants of health, including political, organizational, and systemic factors.

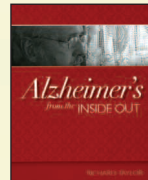
- Demonstrates perspectives for nurses to influence policy
- Addresses issues affecting the socially disadvantaged
- Offers detailed data, reports, citations, and references

CONSUMER HEALTH PUBLICATION

Chosen by Judith Nierenberg, MA, RN, patient education manager, St. Luke's Roosevelt Hospital, New York City.

1. Alzheimer's from the Inside Out

By Richard Taylor. Baltimore, MD, Health Professions Press.



More than five years after being diagnosed with Alzheimer's disease, psychologist Richard Taylor has written this collection of essays examining the loss of independence, the struggle to communicate, and the challenge of relationships.

- Presents a clear view of these issues
- Offers firsthand advice to family, friends, and clinicians

2. 100 Questions and Answers About Breast Cancer

By Zora K. Brown and Harold Freeman, with Elizabeth Platt. 2nd edition. Sudbury, MA, Jones and Bartlett Publishers.

This easy-to-use reference explains risk factors, diagnosis, treatments, adverse effects, and effects of breast cancer on sexuality, intimacy, and fertility to encourage patients to become active in their care.

- Guides patients and family in gaining additional information
- Includes a specific focus on black women
- Offers other resources: books, organizations, and Web sites

BOOK of the YEAR AWARDS



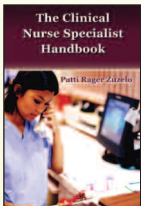
The most valuable texts of 2007, as chosen by AJN's panel of judges.*

ADVANCED PRACTICE NURSING

Chosen by Angela P. Clark, PhD, RN, CNS, FAAN, FAHA, associate professor of nursing, University of Texas at Austin

1. The Clinical Nurse Specialist Handbook

By Patti Rager Zuzelo. Sudbury, MA, Jones and Bartlett Publishers.



A timely handbook for clinical nurse specialists with excellent advice for negotiating challenging situations and includes topics such as patient safety, performance evaluation, and workplace violence.

- Targets graduate students enrolled in clinical courses
- Includes practical content for budgeting

2. Core Curriculum for Primary Care Pediatric Nurse Practitioners

By the National Association of Pediatric Nurse Practitioners and the Association of Faculties of Pediatric Nurse Practitioners. Edited by Nancy A. Ryan-Wenger. St. Louis, Mosby Elsevier.

This comprehensive effort provides an accessible outline format appropriate for pediatric NPs as well as faculty.

- Provides curriculum development guidance
- Includes topics covered on the Pediatric Nurse Practitioners certification exams

3. Primary Care: A Collaborative Practice

By Terry Mahan Buttaro, JoAnn Trybulski, Patricia Polgar Bailey, and Joanne Sandberg-Cook. 3rd edition. St. Louis, Mosby Elsevier.

This third edition provides an organized approach to diseases encountered in adult primary care, including differential diagnoses, diagnostics, and referral guidelines.

- Covers health maintenance and office emergencies
- Emphasizes cost-effective care
- Includes educational points for patients and family

*This year Maureen Shawn Kennedy, news director, managed the Book of the Year awards process. Diana J. Mason, editor in chief, recused herself because she contributed to one of the books submitted for judging.

3. Final Conversations: Helping the Living and the Dying Talk to Each Other

By *Maureen P. Keeley and Julie M. Yingling. Acton, MA, VanderWyk and Burnham.*

As a guide for difficult and important final conversations, this book demonstrates how to communicate by exploring such themes as everyday talk, spirituality, nonverbal communication, and relationships.

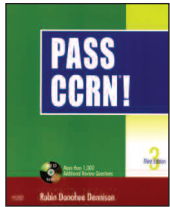
- Emphasizes the value of conversation with the dying
- Includes "Advice from the Living" in each chapter

CRITICAL CARE—EMERGENCY NURSING

Chosen by Terry M. Foster, MSN, RN, CCNS, CCRN, critical care clinical nurse specialist, St. Elizabeth Medical Center, Edgewood, KY

1. Pass CCRN!

By *Robin Donohoe Dennison. 3rd edition. St. Louis, Mosby Elsevier.*



A comprehensive overview of critical-care nursing, this book follows a succinct outline format that makes complex information easy to read, understand, and remember, in preparation for the critical care nursing certification examination.

- Supplemental CD contains more than 1,000 review questions
- Tests comprehension and improves recall
- Emphasizes critical care pharmacology

2. Acute and Critical Care Clinical Nurse Specialists: Synergy for Best Practices

By *the American Association of Critical Care Nurses (AACN). Edited by Mary G. McKinley. St. Louis, Saunders Elsevier.*

This book provides acute and critical care nurses with the necessary tools derived from both the AACN and the National Association of Clinical Nurse Specialists, covering clinical inquiry, caring practices, and response to diversity.

- Emphasizes relationships among critical care nurses, patients, and families
- Provides case studies that offer practical applications
- Offers content for achieving certification as a clinical nurse specialist in acute and critical care

3. E-Z ECG Rhythm Interpretation

By *Henry B. Geiter, Jr. Philadelphia, F. A. Davis Company.*

Filled with illustrations, this book presents a great alternative to traditional introductory textbooks, with an approach that is especially helpful to visual learners.

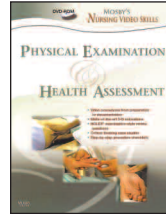
- Provides analogies to simplify electrocardiography
- Reinforces a lighthearted learning style with chapter titles such as "Pacemakers: Avoiding Early Retirement"
- Includes 200 practice strips with answers

ELECTRONIC MEDIA

Chosen by Patricia Allen, EdD, RN, CNE, ANEF, director, Center for Innovation in Nursing Education, Texas Tech University School of Nursing, Lubbock.

1. Mosby's Nursing Video Skills: Physical Examination and Health Assessment

St. Louis, Mosby Elsevier.



State-of-the-art, three-dimensional animations enhance visual presentations of physical examination techniques.

- Includes step-by-step procedure checklists, 80 test questions, and case studies
- Presents a section on documentation
- Offers 185 video clips, including pediatric variations

2. Mosby's Medical-Surgical Nursing Procedures DVD Series: Chest Tubes and Closed Chest Drainage Systems, Transfusion of Blood and Blood Products, Basic Code Management

St. Louis, Mosby Elsevier.

A series of three DVDs uses video, audio, and a realistic case study, which includes patient preparation, prevention of complications, and additional care to illustrate pathophysiology and theoretical concepts.

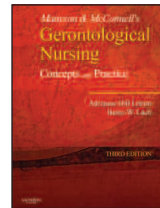
- Useful for staff development and orientation
- Emphasizes collaborative practice
- Stresses clinical alerts and Joint Commission timeout call

GERONTOLOGIC NURSING

Chosen by Carla Graf, MS, RN, APRN-BC, geriatric clinical nurse specialist, University of California, San Francisco Medical Center.

1. Matteson and McConnell's Gerontological Nursing: Concepts and Practice

By *Adrienne Dill Linton and Helen W. Lach. 3rd edition. St. Louis, Saunders Elsevier.*



Current research and practical assessment instruments are presented in this text to direct care for older adults, including the nursing process from early assessments to care plans.

- Useful primary reference for students
- Demonstrates the nursing process to discuss physiologic age changes
- Illustrates patient issues, challenges, and rewards

2. Evidence-Based Protocols for Managing Wandering Behaviors

Edited by *Audrey L. Nelson and Donna L. Algase. New York City, Springer Publishing Company.*

Wandering in people with dementia is addressed by professionals from nursing, gerontology, psychology, sociology, anthropology, and architecture; they provide recommendations for practice.

- Provides current theories, research, causes, and management
- Includes protocols on assessment and management
- Suggests interventions for caregivers

3. Caring for Older Adults Holistically

Edited by Mary Ann Anderson. 4th edition. Philadelphia, F. A. Davis Company.

This text presents issues such as nutrition, sleep, and culturally specific care in a straightforward and practical way to inform rather than overwhelm students.

- Includes case studies with discussion and solutions
- Provides colorful charts, tables, and boxes
- Has been updated in light of Healthy People 2010

HISTORY AND PUBLIC POLICY

Chosen by Brigid Lusk, PhD, RN, professor and chair, School of Nursing Health Studies, Northern Illinois University, DeKalb, IL.

1. The Complexities of Care: Nursing Reconsidered

Edited by Sioban Nelson and Suzanne Gordon. Ithaca, NY, ILR Press.



These lively, and provocative essays address the age-old question of what nurses do—and the authors argue that nursing must redefine itself as work that is knowledge- and skill-based.

- Suggests that although “caring” may accompany knowledge-based care, it is not the central part of nursing

- Invites nurses to reexamine the concept of caring

2. Assisted Living for Our Parents: A Son's Journey

By Daniel Jay Baum. Ithaca, NY, ILR Press.

A mother and son's real-life experience with an assisted living facility, the day-to-day issues that arose, as well as the final loss of control upon her impending death, provides a perspective that nurses need to understand.

- Reveals the difficulty of caring for a relative at a distance
- Offers insights to facilitate family decisions on elder living
- Highlights political, cultural, legal, and economic factors

3. Nurses' Work: Issues Across Time and Place

Edited by Patricia D'Antonio, Ellen D. Baer, Sylvia D. Rinker, and Joan E. Lynaugh. New York City, Springer Publishing Company.

An enjoyable volume of historical scholarship examines the work nurses actually performed, as opposed to the common concept of the profession as “caring angels,” as well as details the profession's social and labor history.

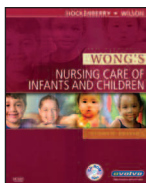
- Addresses the dangers of political naiveté
- Includes contributions by men and African Americans

MATERNAL-CHILD NURSING AND CHILDBIRTH

Chosen by Karen H. Morin, DSN, RN, professor and director of graduate programs, University of Wisconsin-Milwaukee, Milwaukee.

1. Wong's Nursing Care of Infants and Children

Edited by Marilyn J. Hockenberry and David Wilson. 8th edition. St. Louis, Mosby Elsevier.



Infant growth and development are detailed, as are evidence-based practice and nursing care plans.

- Emphasizes a “wellness approach”
- Details recommendations from the American Academy of Pediatrics and Agency for Healthcare Research and Quality
- Uses marginal notes, nursing alerts, and color tables

2. Individuals, Families, and the New Era of Genetics:

Biopsychosocial Perspectives

Edited by Suzanne M. Miller, Susan H. McDaniel, John S. Rolland, and Suzanne L. Feetham. New York City, W.W. Norton and Company.

Emphasizing the inclusion of the individual and family in discussions of genetics, this book covers specific genetic conditions and ethical, legal, policy, and professional issues.

- Includes genetic conditions across the lifespan, making this text relevant across many fields
- Examines relationships among individual or family dynamics relative to genetic disorders
- Uses case studies to reinforce content

3. Core Curriculum for Lactation Consultant Practice

By the International Lactation Consultant Association. Edited by Rebecca Mammel, Patricia J. Martens, and Marsha Walker. 2nd edition. Sudbury, MA, Jones and Bartlett Publishers.

Essential for those who wish to become lactation consultants, this book discusses anatomy, physiology, breastfeeding difficulties, and professional development.

- Addresses breastfeeding mothers with physical disabilities
- Includes a map of chapters for the International Board of Lactation Consultant Examiners examination
- Incorporates an international perspective

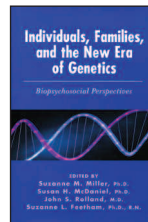
MEDICAL-SURGICAL NURSING

Chosen by Daniel J. O'Neal III, APRN-BC, evidence-based practice specialist, James A. Haley Veterans' Hospital, Tampa, FL.

1. Individuals, Families, and the New Era of Genetics:

Biopsychosocial Perspectives

Edited by Suzanne M. Miller, Susan H. McDaniel, John S. Rolland, and Suzanne L. Feetham. New York City, W. W. Norton and Company.



The text examines the social, political, legal, ethical, and scientific grounds of genetics and its application to therapies.

- Examples illustrate decisions on emerging genetic therapies
- Provides implicit and explicit evidence-based practice for biopsychosocial nursing
- Bridges traditional and current views

2. Medical-Surgical Nursing: Assessment and Management of Clinical Problems

Edited by Sharon L. Lewis, Margaret McLean Heitkemper, Shannon Ruff Dirksen, Patricia Graber O'Brien, and Linda Bucher. 7th edition. St. Louis, Mosby Elsevier.

This compilation succeeds in translating bench and clinical science into practical materials for care planning and evaluation by nurses, patients, and families.

- Includes study guides and a Stress Busting kit
- Integrates nursing taxonomy and care plans
- Offers culturally sensitive teaching tools

3. Brunner and Suddarth's Textbook of Medical-Surgical Nursing

Edited by Suzanne C. Smeltzer, Brenda G. Bare, Janice L. Hinkle, and Kerry H. Cheever. 11th edition, Volume 1. New York City, Lippincott Williams and Wilkins.

This massive volume presents research findings with practical applications on genetics, end-of-life care, and disabilities.

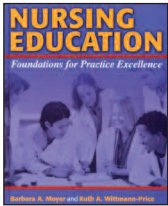
- Provides links to a companion Web site with more than 70 journal articles
- Offers a CD-ROM of more than 4,000 general questions and animation sequences
- Presents a summary handbook and instructor's resources

NURSING EDUCATION AND STAFF DEVELOPMENT

Chosen by Nancy DiMauro, MA, RN-BC, dean, Long Island College Hospital School of Nursing, Brooklyn, NY.

1. Nursing Education: Foundations for Practice Excellence

By Barbara A. Moyer and Ruth A. Wittmann-Price. Philadelphia, F. A. Davis Company



Information on nursing education, curriculum and test development, the diversity of nursing students, and the use of technology in education are all included.

- Contains lesson plans and exercises
- Balances theory and application
- Includes review questions and research summaries

2. Nursing Education in the Clinical Setting

By Roberta J. Emerson. St. Louis, Mosby Elsevier.

Education theory, legal and ethical issues, and preparation for a clinical experience are discussed, as are tools that faculty can use to meet learning objectives.

- Emphasis on planning a safe clinical experience
- Incorporates discussion questions and reflection exercises
- Utilizes adult learning theory

3. The Complexities of Care: Nursing Reconsidered

Edited by Sioban Nelson and Suzanne Gordon. Ithaca, NY, ILR Press.

This collection of essays explores the challenge of nursing, the "concept of caring" that seems to define the nursing profession, and an environment that affects nursing.

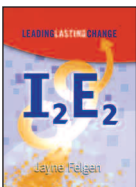
- Addresses all practitioners
- Challenges nurses to examine what they do

NURSING MANAGEMENT AND LEADERSHIP

Chosen by George D. Velianoff, PhD, RN, FACHE, chief nurse officer, Alexian Brothers Behavioral Health Hospital, Hoffman Estates, IL.

1. I₂E₂: Leading Lasting Change

By Jayne Felgen. Minneapolis, Creative Health Care Management.



Using the Beth Israel Deaconess Medical Center merger in the late 1990s as a case study, this book demonstrates thoughtful transformation in business.

- Inspires nurses to seek change
- Provides practical examples

2. Managing for Success in Health Care

By Tim Porter-O'Grady and Kathy Malloch. St. Louis, Mosby Elsevier.

A contemporary approach to address excellence, teams, decision making, and accountability within the constraints of staffing and legislative changes, this is an excellent reference for health care managers.

- Provides checklists, tables, and thought-provoking questions

3. The Complexities of Care: Nursing Reconsidered

Edited by Sioban Nelson and Suzanne Gordon. Ithaca, NY, ILR Press.

Several intriguing and important questions are raised in this timely book about the state of nursing, how it has been viewed over the years, and where the profession is going.

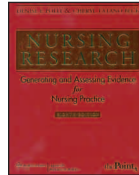
- Challenges the current view of nursing
- Has the potential to influence the course of the profession

NURSING RESEARCH

Chosen by Jane H. Barnsteiner, PhD, RN, FAAN, professor of pediatric nursing, School of Nursing, and director, Nursing Translational Research, Hospital of the University of Pennsylvania, Philadelphia.

1. Nursing Research: Generating and Assessing Evidence for Nursing Practice

By Denise F. Polit and Cheryl Tatano Beck. 8th edition. New York City, Lippincott Williams and Wilkins.



This well-organized, well-written text clearly explains the research process as a part of evidence-based practice, including the use of systemic reviews. International examples are included.

- Gives attention to both qualitative and quantitative designs
- Uses graphics, figures, tables, and tips
- Includes a resource manual with Toolkit that can be adapted for individual research

2. Using and Interpreting Statistics: A Practical Text for the Health, Behavioral, and Social Sciences

By Eric W. Corty. St. Louis, Mosby Elsevier.

This introductory statistics text has a readable, easy-to-understand format. Each chapter contains objectives, group practice exercises, and homework problems taken from many disciplines, including nursing and medicine.

- Includes exercises and commentary with each chapter
- Updates information on a Web site for both students and instructors

3. Meaning in Suffering: Caring Practices in the Health Professions

Edited by Nancy E. Johnston and Alwilda Scholler-Jaquish. Madison, WI, University of Wisconsin Press.

Through philosophical essays this volume examines the meaning of suffering for patients, families, and providers.

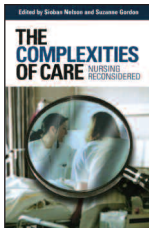
- Provides a variety of qualitative approaches, including phenomenology and ethnography
- Explores nurses' ability to support patients and find meaning in the work

PROFESSIONAL DEVELOPMENT AND ISSUES

Chosen by Carol Curtiss, MSN, RN-BC, consultant, Curtiss Consulting, Greenfield, MA, and adjunct faculty, Tufts University School of Medicine, Boston.

1. The Complexities of Care: Nursing Reconsidered

Edited by Sioban Nelson and Suzanne Gordon. Ithaca, NY, ILR Press.



A thoughtful collection of essays discusses the complexities of basing the perception of nursing solely on caring rather than skill and questions the survivability of nursing as a respected profession.

- Asserts that a focus on caring leaves nursing economically vulnerable
- Provides an international, interdisciplinary approach

- Recommends a knowledge-based identity for nursing

2. Individuals, Families, and the New Era of Genetics: Biopsychosocial Perspectives

Edited by Suzanne M. Miller, Susan H. McDaniel, John S. Rolland, and Suzanne L. Feetham. New York City, W. W. Norton and Company.

This comprehensive text includes information on psychosocial and family genetics and genomics, models for clinical practice and research, and the application of models to specific genetic conditions.

- Emphasizes the need to apply this knowledge in all settings
- Addresses ethical, legal, policy, and professional issues
- Provides strategies to assist in the understanding of genetics

3. Mentoring in Nursing: A Dynamic and Collaborative Process

By Sheila C. Grossman. New York City, Springer Publishing Company.

Mentoring as a dynamic network, rather than the classic dyad, is discussed in this succinct text, as well as the mentoring process, individualizing the mentoring experience, and culturally competent and international mentoring.

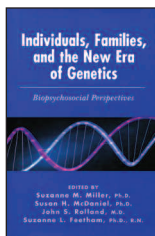
- Advocates mentoring as a professional expectation
- Includes mentor and mentee perspectives
- Includes research on generating outcome measurements

PSYCHIATRIC-MENTAL HEALTH NURSING

Chosen by Arlene D. Houldin, PhD, APRN-BC, associate professor, psychosocial oncology nursing, University of Pennsylvania School of Nursing, Philadelphia.

1. Individuals, Families, and the New Era of Genetics: Biopsychosocial Perspectives

Edited by Suzanne M. Miller, Susan H. McDaniel, John S. Rolland, and Suzanne L. Feetham. New York City, W. W. Norton and Company.



This comprehensive review of the psychosocial aspects of genetic knowledge is written from a multidisciplinary perspective and uses prototypes such as breast cancer and cardiovascular disease to illustrate genetics in clinical practice.

- Offers well-crafted case illustrations
- Provides a careful review of ethical, legal, policy, and professional issues

2. Interpersonal Relationships: Professional Communication Skills for Nurses

By Elizabeth C. Arnold and Kathleen Underman Boggs. 5th edition. St. Louis, Saunders Elsevier.

Targeting undergraduates, this text discusses theoretical foundations of the nurse-patient relationship.

- Analyzes professional and electronic communication
- Applies exercises, case examples, and tables

3. Handbook of PTSD: Science and Practice

Edited by Matthew J. Friedman, Terence M. Keane, and Patricia A. Resick. New York City, Guilford Press.

An excellent review of posttraumatic stress disorder, this handbook focuses on the diagnosis and treatment of survivors of violence and disaster, as well as proposes a research agenda.

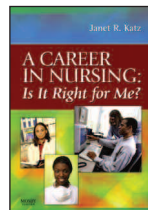
- Addresses physical health, forensics, and prevention
- Develops evidence-based clinical approaches

PUBLIC INTEREST AND CREATIVE WORKS

Chosen by Karen Roberts, MSN, ARNP-C, nurse practitioner, Internal Medicine Group, Lawrence, KS.

1. A Career in Nursing: Is It Right for Me?

By Janet R. Katz. St. Louis, Mosby Elsevier.



This humorous, practical look at why people do—or do not—become nurses discusses the profession honestly.

- Discusses men and minorities
- Provides a guide to the first job
- Includes resource list

2. Daily Miracles: Stories and Practices of Humanity and Excellence in Health Care

By Alan Briskin and Jan Boller. Indianapolis, IN, Sigma Theta Tau International.

An inspiring collection illustrates the best of nursing.

- Includes beautiful photography and layout
- Suggests ways nurses can create a healing space

3. Assisted Living for Our Parents: A Son's Journey

By Daniel Jay Baum. Ithaca, NY, ILR Press.

A first-person account of a son's journey with his aging mother as she slowly relinquishes her independence.

- Offers a new perspective on a universal experience
- Includes a checklist for selecting an assisted living facility
- Discusses pros and cons of assisted living ▼