



# Adolescent Health: Think, Act, Grow

A framework for action to improve teens' well-being.

To promote the health of the 42 million adolescents in the United States, the Office of Adolescent Health (now part of the Office of Population Affairs) consulted leaders from more than 80 national organizations to develop a call to action known as Adolescent Health: Think, Act, Grow (TAG).<sup>1</sup> Building on other national initiatives such as Healthy People 2020 and the National Prevention Strategy, TAG offers a framework for improving and supporting healthy adolescent development and engaging teens, parents, and youth-serving professionals—including health care workers.<sup>2</sup>

Table 1 details the information and resources

offered on the TAG website (<https://youth.gov/youth-topics/TAG>).

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## REFERENCES

1. Office of Adolescent Health. *Adolescent Health: Think, Act, Grow (TAG): 2018 TAG toolkit*. Washington, DC: Department of Health and Human Services; 2018 Aug. <https://youth.gov/sites/default/files/TAG-Toolkit-2018.pdf>.
2. Office of Adolescent Health. *Adolescent health: Think, Act, Grow (TAG): 2019 TAG playbook*. Washington, DC: Department of Health and Human Services; 2019 Jul. <https://youth.gov/sites/default/files/TAG-Playbook-2019.pdf>.

**Table 1.** TAG Resources

Website	Description
TAG Playbook <a href="https://youth.gov/sites/default/files/TAG-Playbook-2019.pdf">https://youth.gov/sites/default/files/TAG-Playbook-2019.pdf</a>	A guide to using the TAG framework for action.
TAG Toolkit <a href="https://youth.gov/sites/default/files/TAG-Toolkit-2018.pdf">https://youth.gov/sites/default/files/TAG-Toolkit-2018.pdf</a>	Tips for getting started with TAG and spreading awareness about the initiative.
TAG Multimedia <a href="https://youth.gov/youth-topics/TAG/resources/multimedia">https://youth.gov/youth-topics/TAG/resources/multimedia</a>	Links to the <i>TAG Talks</i> video series on topics in adolescent health and <i>TAG in Action</i> webinars.
TAG Research Reviews <i>Positive Connections with Supportive People</i> <a href="https://youth.gov/sites/default/files/essentialresearch1-positiveconnections.pdf">https://youth.gov/sites/default/files/essentialresearch1-positiveconnections.pdf</a> <i>Safe and Secure Places to Live, Learn, and Play</i> <a href="https://youth.gov/sites/default/files/essentialresearch2-safeplaces.pdf">https://youth.gov/sites/default/files/essentialresearch2-safeplaces.pdf</a> <i>Access to High-Quality, Teen Friendly Health Care</i> <a href="https://youth.gov/sites/default/files/essentialresearch3-teenfriendlyhealth.pdf">https://youth.gov/sites/default/files/essentialresearch3-teenfriendlyhealth.pdf</a> <i>Coordinated Adolescent- and Family-Centered Services, As Needed</i> <a href="https://youth.gov/sites/default/files/essentialresearch5-coordinatedservicewices.pdf">https://youth.gov/sites/default/files/essentialresearch5-coordinatedservicewices.pdf</a>	Annotated reviews of research, evaluation reports, and other publications on improving health, reducing risky behaviors, and improving engagement and healthy development in adolescents.
Implementation Resources by Category <a href="https://youth.gov/youth-topics/TAG/resources/by-category">https://youth.gov/youth-topics/TAG/resources/by-category</a>	How to use TAG's action steps in practice. Includes specific resources for health care workers.
Eight Successful Youth Engagement Approaches <a href="https://youth.gov/youth-topics/TAG/game-plan/approaches">https://youth.gov/youth-topics/TAG/game-plan/approaches</a>	Strategies to engage adolescents through youth councils, leadership programs, and service projects.
TAG for Families, Teens, and Professionals <a href="https://youth.gov/youth-topics/TAG/using-TAG">https://youth.gov/youth-topics/TAG/using-TAG</a>	Action steps and resources to promote adolescent health.
Youth.gov Newsletter <a href="https://youth.gov/youth-topics/TAG/resources/follow-promote">https://youth.gov/youth-topics/TAG/resources/follow-promote</a>	Sign up to receive e-mail updates on TAG news and resources. ▼