"Nursing ethics was born out of a deep awareness of calling to serve the sick and injured, no matter who or where they were, to restore and improve health."

**Timeline of Nursing and Biomedical Ethics**

- **1861**: Dorthea Dix appointed Superintendent of Nurses for Union Army. Dix established standards of nursing training and oversaw the expansion of the nursing profession.
- **1873**: Bellevue Hospital opens. One of the first American nursing schools based on standards developed by Nightingale.
- **1889**: Camp publishes *Ethics of Nursing*. A noted nurse leader and ethicist, *Ethics of Nursing* emphasized the importance of the nurse-patient relationship.
- **1893**: The Nightingale Pledge. A moral pledge for nurses to be taken upon graduation. Considered the first ethical code for nurses.
- **1896**: ANA founded. ANA's objectives were to establish and maintain a code of ethics, elevate the standards of nursing education, and advance the profession.
- **1899**: ANA adopts A Code for Professional Nurses. The code enumerated 17 provisions based on Camp's "Five Relationships".
- **1947**: Nuremberg Code. Laid our principles of voluntary participation and informed consent of research subjects.
- **1948**: Declaration of Geneva. A pledge for physicians to serve humanity, practice with conscience and dignity, prioritize the patient's health, and maintain anonymity of health information.
- **1964**: Declaration of Helsinki. The declaration guides ethical medical research combined with clinical care.
- **1966**: Ethics and Clinical Research. Henry Beecher documented exploitation of human subjects and advocated for ethically designed studies and procedures for informed consent.
- **1979**: The Belmont Report. Outlined four major principles of biomedical ethics, forming the foundation of clinical ethics.
- **1950**: ANA recommends moving ethics to universities. The move to universities led to nursing ethics being taught primarily by philosophers and theologians rather than nurse educators.
- **1979**: Principles of Biomedical Ethics published. Published by two philosophers, it called for the same ethical principles as the Nuremberg code.
- **2013**: Update to Declaration of Helsinki. Updated to address issues of informed consent and benefit to research participants, requiring that risk not outweigh the benefit.

**Camp's Five Relationships**

- Nurse-to-patient/family
- Nurse-to-other health professionals
- Nurse-to-self
- Nurse-to-profession
- Nurse-to-society